



01452 396 969



Aspire active life membership

4 months-10 years £21.35 per month

Choose one of the following weekly programmes

- New Cycle Programme 5-9 years
- New GL1 Swim School Pre School

 Programme
- New GL1 Swim School Red to Green
- Tennis Tots Mini Red @ Oxstalls
- Tennis 4-8 years @ GL1
- Smash Badminton 7-10 years
- Futsal course 5-10 years
- New General Gymnastics 4-9 years
- Freestyle / Free running gymnastics8-10 years
- World Football (Tots football)2 ½ years 5 years
- Rugby Tykes @ Oxstalls 2-4 years
- Rugby Tykes @ Oxstalls 4-6 years
- Martial arts 5-10 years
- Rugby Tykes @ Oxstalls
- New Balanceability (2 ½ -6 years) early years cycling, bikes without pedals
- New Arrows (archery for 5-8 years)
- Archery 7-10 years



Including

- Free Oxstalls Soft Play u8s session
- Toddler World (5 and under) sessions (Mon/Wed/Thurs/Fri 10.00-14.00 and Sat 11.00-14.00)
- *Free Zumba Kids/Junior 4-10 years (Fridays's 16.15-17.00pm and 17.00-18.00 @ GL1)
- Free Junior Swimming
- Free Junior Badminton court*
- Free Junior Squash court*
- Free Junior Table Tennis court*
- *Free Multi Sports Madness session6-10 years (Saturday 10.00-12.00@GL1)
- *Free Drop in Hockey Tots @ Oxstalss (Mon 9.30, Fri 13.30)
- *Free Tots Tennis @ Oxstalls (Mon 13.30, Wed 10.00, Thurs 13.30)
- *Off Peak courts (before 5pm, weekends & holidays)
- Discounts on birthday parties
- Free family weekly film at the Guildhall (up to the age of 16)
- *20% discount on day/week rate of holiday Aspire Kidz Camps at GL1

* Sessions have limited places so please book in advance to guarantee space Aspire active life membership

11-17 years £26.35 per month

Choose one of the following weekly programmes

- Tennis Mini Orange 2-Raw1 @ Oxstalls
- Smash Badminton 11-15 years
- Freestyle/Free running gymnastics 11-16 years
- GL1 Swim School Blue, Indigo, Violet
- Archery 11-16 years

Including

- *Free Oxstalls Cardio Tennis 11-16 years (Tues 6.30-7.30pm)
- Free Zumba Kids 11-12 years
- Free Junior Swimming
- *Free Teen Gym 11-15 years (Sat: 10.30-11.15, 11.15-12.00)
- Free Junior Badminton court*
- Free Junior Squash court*
- Free Junior Table Tennis court*
- Free Multi Sports Madness session 11-13 years
- Free Guildhall family weekly films up to the age of 16
- *Off peak courts (before 5pm, weekends & holidays)
- *20% discount on day/week rate of holiday Aspire Kidz Camps at GL1
- Discounts on birthday parties
 - * Sessions have limited places so please book in advance to guarantee space





Join GL1 today and benefit from an extensive range of facilities...

GYMS

4 SWIMMING POOLS

OVER 60 EXERCISE CLASSES A WEEK

DEDICATED SPIN STUDIO

LADIES ONLY TONING SUITE

RACQUET SPORTS

MARINE SPA

Call GL1 for more details 01452 396688